

Q3 October to
December
2023

Penistone Area Council Performance Report



Barnsley – the place
of possibilities.



Penistone Area Council
Penistone East, Penistone West

Area Council Priorities

Health and Wellbeing



Supporting Young People



Local Economy + tourism



Helping People connect



Our Environment



Barnsley 2030 priorities

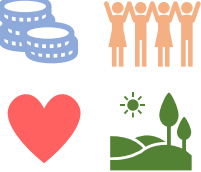












Sustainable


Growing


Healthy


Learning

These services address the priorities and deliver the outcomes and social value objectives for the Penistone Area Council.

Priority	Service	Contract /Grant	Contract end date	Provider	2030
	Environment Services i. Reactive Service ii. Community Support service iii. Environment projects grant	Per annum £40k £40k £20k	Currently in procurement phase		
	Supporting Vulnerable and Isolated Older people	£70,000 per annum	Funded until June 2024	Age UK Barnsley	
	Debt advice service	£ 8,191	Funded until March 2025	Citizens Advice Barnsley	
	Information and Advice service	£5,198 per annum	Funded until January 2025	DIAL	
	Working Together Grant Supporting Young People	£40,000	September 2024	Various	
	Principal Towns	No cost to PAC	Ongoing	BMBC	

	Outcome indicator	Q3 Oct-Dec 2023	Year to date	Year 2022/23	To date
	Clean & tidy activities which involve businesses	0	15	77	298
	Young people making a positive contribution to the design/ maintenance of their local environment	0	68	9	724
	People who feel they have the opportunity to influence the design and maintenance of their local environment	0	100	132	840
	Apprentice and placements created and recruited to	0	0	1	6
	People taking up work experience placements	0	0	0	32
	Young People engaged in volunteering	0	13	13	794
	Activities which involve young people under the age of 18	24	38	111	554
	Community groups supported	5	29	48	730
	New community groups supported	0	2	7	67
	Community car scheme journeys	107	335	381	1750
	Adult volunteers engaged	41	236	629	4290
	New volunteers	1	7	150	1097
	Residents and young people receiving advice and support	138	355	931	3545
	Residents referred to health and advice	5	6	6	172
	FTE jobs created and recruited to	0	0	2	24.5
	Local spend (average across all contracts)	95%	95%	95%	95.4%
	Volunteer hours contributed (£ value)	£7,261	£ 28,961.80	£48,123.45	£424,575.54
	Volunteer opportunities created	67	244	76	2196
	People achieving a qualification / accreditation	0	5	0	162
	People receiving training	0	64	48	1185

New Environment Services

- Reactive Service
- Community Support Service
- Community environment projects grant



New services are currently being procured to support the environment priority for the Penistone area. These will contribute to outcomes that will support the area to maintain a clean and tidy appearance as well as engage and empower both existing and new community groups and volunteers with their ongoing efforts to support the area's green spaces.

Reactive Service

This service will undertake specific works to maintain a clean and tidy environment as directed by Parish Councils, Penistone Town Council, Borough Councillors and members of the Penistone Community. The service will be operational from the end of quarter 4.

Community Environment Support Service

This service will be tasked with supporting and developing new and existing community groups and volunteers with environmental projects and programmes of work, and will also encourage the development of a Penistone area community environment network to create shared learning and expertise. This service will be operational from the end of quarter 4.

Community environment projects grant

This grant pot will be open to all community groups and volunteers in the Penistone area to provide resources to help realise specific projects that will help to support and maintain green spaces and contribute to a clean and tidy environment. This grant will be open for applications from Q1 of the new financial year.

Environment support in this quarter

During the last quarter our fantastic community groups have independently continued to provide dedicated support in maintaining the area's green spaces and contributing to keeping the area clean and tidy.

Area Council members and the area team have also provided support to a number of requests from within the community whilst there has been a gap in service provision.

Examples of support included: supporting our local businesses to continue to provide purple bags, purchasing and providing litter picking equipment for loan as used by Dunford Bridge, Cawthorne and High Hoyland Parish litter picks, support with tidying Cenotaphs before remembrance day and help with putting up Christmas trees in Howbrook and Wortley.



Supporting Vulnerable and Isolated Older people

Age UK Barnsley



823 interventions
 17 new referrals
 38 volunteers worked with
 423 volunteer hours
 107 community car journeys
 £28,281 estimated benefit gain

Social Action and Volunteering

Ageing Well in Penistone is the contract delivered by Age UK Barnsley to address loneliness and social isolation among older people in the electoral wards of Penistone East and Penistone West. The Service provides support at a one to one level through volunteer be-friending , helps to establish group activities with a particular emphasis on health outcomes, provides information and advice targeted to older people, special events and a community car scheme to help people access social and health activities and appointments. Dedicated social inclusion workers are attached to this contract employed by Age UK Barnsley.

Highlights

There have been 17 referrals this month All 17 have had 1 to 1 support initially. Information on all groups was given and dial a ride referrals made on their behalf. These visits also led to referrals for further support. Such as: 5 BMBC referrals to aids and adaptations 1 for repairs to Berneslai homes 2 ladies with Dementia were referred to Alzheimer’s Society 11 have become regular service users within our groups and activities 6 were allocated befrienders. 2 face to face and the other 4 over the phone. 4 were referred to handyman and garden services 3 are using the affordable shopping services 2 to Adult Social Care

Information and advice service have worked with 18 clients, 13 of which were new clients and 5 were existing clients. Benefit total gain £28,281.00 this quarter with £4680 for Pension Credit

Outputs	Target	Actual
Number I&A Service Users	10	18
Community Car Journeys	75	107
Number Volunteers <i>Existing , active volunteers</i>	40	38
Number of new volunteers; <i>Includes befrienders/good neighbours/car drivers</i>	No target	0
Increase in Wellbeing	+4	+3
Decrease in loneliness	-2	-1

Trips and Events

There were no trips this quarter but several events took place. These included a Christmas get together at Weavers Court, Crane Moor Toasties, Happy Vibes and the board games group. Here regular attendees enjoyed the festivities together with Christmas refreshments, carols and games. Our clients from Penistone were also invited long to our borough wide Christmas party that took place at the Holiday Inn. This saw 200 people enjoy Christmas dinner, entertainment and a visit from Santa himself.

Community Car Scheme

The scheme operates with 2 volunteer drivers, and it continues to be difficult to recruit new volunteers for this role. In this quarter there have been 107 journeys.

Barnsley U3a

U3a groups have been attended monthly as follows: Board games 7, Crown green bowling the season finished in September but we meet once a month for coffee at various cafes in the village average attendance 10, Patchwork Projects 8, Canasta 6, Art Group 9, Bridge 7, Crafty Chat 6, MOTO 12, Eating out Round Penistone 16 and Walking Group

Crane Moor Toasties

This has been set up as a social group with gentle exercise. The group chat and do crafts for the first hour while enjoying tea and toast. Then the fun begins with chair based exercise.

New Inn Pub Lunch Group (Penistone)

This group continues to meet every week on Wednesdays 12 till 2 with an average of 12 people attending.

Healthy Life, Pilley

This exercise group continues a weekly basis with regular attendance of between 10 ladies. The members were recently offered an addition to their group to include breakfast but they declined and said they preferred it just as it was.

Wortley Afternoon Social

This continues to be run by the church volunteers. They are finding it difficult to attract new members and volunteers. The suggestion was made to move to Wortley Hall but the members felt the church would lose more funding if they didn't continue to support it.

Tea & Chat, Weavers Court

This group continues to meet each month and is run by 2 wonderful volunteers. On average there are 14 people attending each session who get together to enjoy refreshments and a good natter.

Board Games Group

This group is also now run by a very willing volunteer. This group is very popular and has 10 regular attendees.

Intergenerational Activity

This quarter we have made links with the local Rainbows group who made beautiful handmade Christmas cards for our clients. As well as with the youth service who would like to run an evening event to include our clients. The decision was made to plan this for Spring as many of our clients don't like to go out in the dark during Winter.



Dementia Support

Happy Vibes Memory Café

This group continues to meet on a fortnightly basis with exercise monthly, craft sessions and memory games. The suggestion was made recently to make the group weekly but as many members attend other groups at that time on the alternate week, they declined. This group is promoted to clients who have attending the MCST sessions as a way of continuing the support that was given and to maintain the friendships made.

Other additional support to this contract from Age UK

Barnsley Older People's Physical Activity Alliance (BOPPA)

- Healthy Bones Class at Hoylandswaine Church Hall
- Pilates/Wellbeing programme at Lower Coates Farm, Silkstone Common Penistone Area - 'Wellbeing Wednesday' Pilates programme
- Penistone. Healthy Bones class, Thurgoland Village Hall, Thursdays 10am to 12noon
- Tai Chi, St. John's Community Centre, Penistone, Fridays
- Walking Rugby, Wortley RUFC
- Walking Football, Thurgoland Village Hall
- Equanimity – Healthy Body, Healthy Ageing, Thurgoland Village Hall
- Equanimity – Nordic Walking, Cannon Hall



Eat & heat social hubs

Age UK received funding to set up 2 warm hubs in the Penistone area. One of these began in November in Pendon House. This regularly has **8** attendees. The next will commence in January in the Huskar Rooms, Silkstone.

Men-In-Sheds (Borough wide)

The shedders continue to work with men experiencing loneliness and isolation. **4** clients from the Penistone area have attended this quarter.

Affordable shopping service

This has set up to offer a cheaper way for our clients to ensure they can purchase all that they need at a more affordable price than popping to the corner shop project officers either shop for or accompany our clients to a local supermarket to enable them to do a more cost effective shop. They can also offer support to do online shopping. **19** Penistone clients have accessed this service

Handyman and gardening service

This was set up to give clients a trustworthy, affordable service where someone can come along and do those jobs around the house and garden that they can no longer do safely themselves. This includes simple DIY tasks, gardening jobs and home energy checks (HEC) to ensure home efficiency. **21** Penistone residents have taken up the offer of a HEC **11** used the gardening service **6** have accessed the handyman service

Barnsley Citizens Advice

75 people supported (39 target)

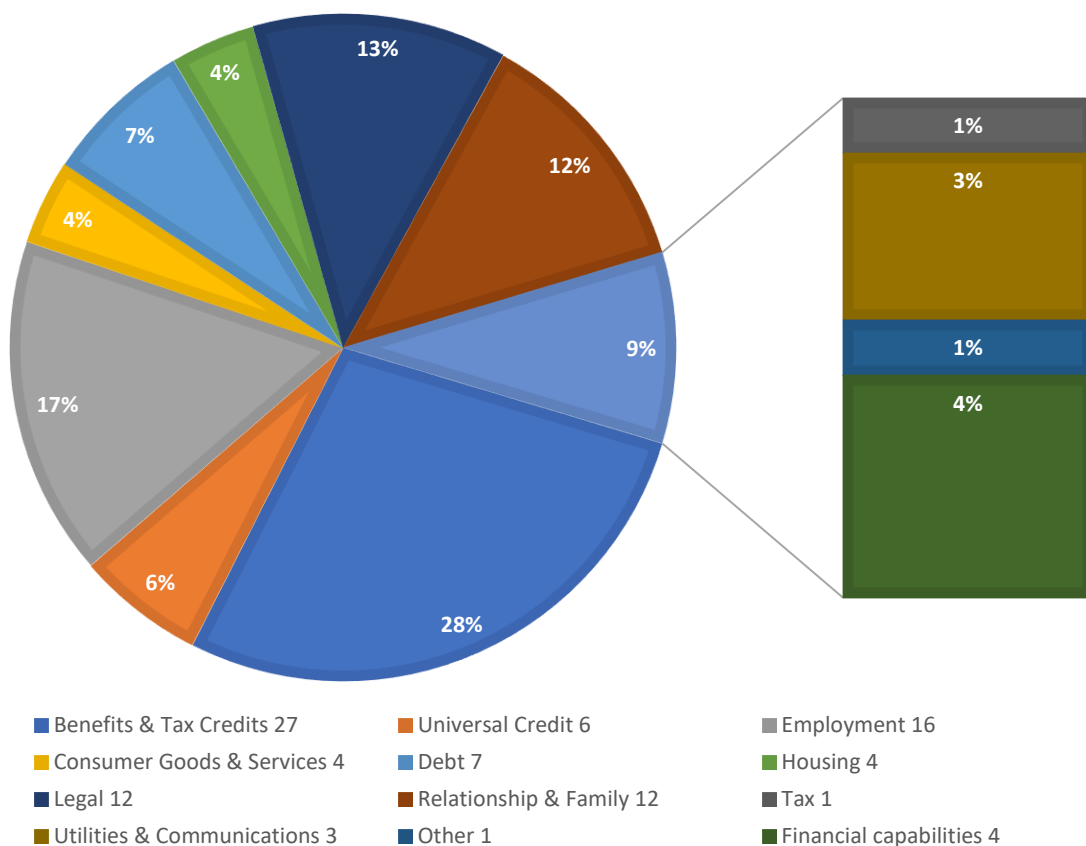
£13,906 of debt managed this quarter (£1.1m since project started in 2019)

£1,178 of benefits claimed (£252k since 2019)



This is the third quarter of a two year contract which completes at the end of March 2025. The advice service has supported clients with a variety of different issues, but as in previous years, the most common are Benefits and Tax Credits, Debt, and Universal Credit. As well as improved financial outcomes the support provided by the advice service also helps to improve health and wellbeing, reduces client stress, and improve resilience by increasing the client's ability to cope through self-help.

BARNSELY CITIZENS ADVICE 105 ISSUES DELT WITH THIS QUARTER



Following the introduction of the face to face drop in service at Penistone library on the first and third Wednesdays of the month in August, take up rates have been steadily increasing. This quarter 19 clients (out of a target of 6) have been seen compared to 6 last quarter when it was reintroduced. The remaining

56 clients (Target 39) for the quarter were all supported either on-line or via the telephone. As numbers are exceeding targets this will be monitored to ensure provision is adequate in the coming months.

Employment issues have increased this quarter and there has been some take up of financial capability support (mostly people needing support in how to get power of attorney).

A breakdown of age ranges and parish areas was requested for this quarter and has revealed that the majority of people accessing this service are under 50, and although the service reaches out to people right across the Penistone area the vast majority are those living in the Penistone town council boundary.

Client age range

Band	%
20 -24	12
30-34	12
35-39	10
40-44	3
45-49	5
50-54	8
55-59	10
60-64	12
65-69	5
70-74	1
75-79	13
80-84	3
unknown	6
TOTAL	100

Client address by parish area

Parish	%
Barnsley Unparished	1
Cawthorne	5
Gunthwaite & Ingbirchworth	1
Oxspring	3
Penistone	69
Silkstone	4
Stocksbridge	3
Tankersley	5
Thurgoland	4
Wortley	5

Cost of Living support

CAB continues to support this agenda and will ensure that clients are referred into other provision to support with food, energy bills and other emergency items of support. Details of the service in Penistone has been shared widely with providers in the area such as Food Buddies, Penistone Grammar and Penistone Leisure Centre.

Barnsley CAB has recently been funded by Denby Dale Parish Council to run sessions there and will report any Penistone area clients who may access this service.

DIAL Barnsley

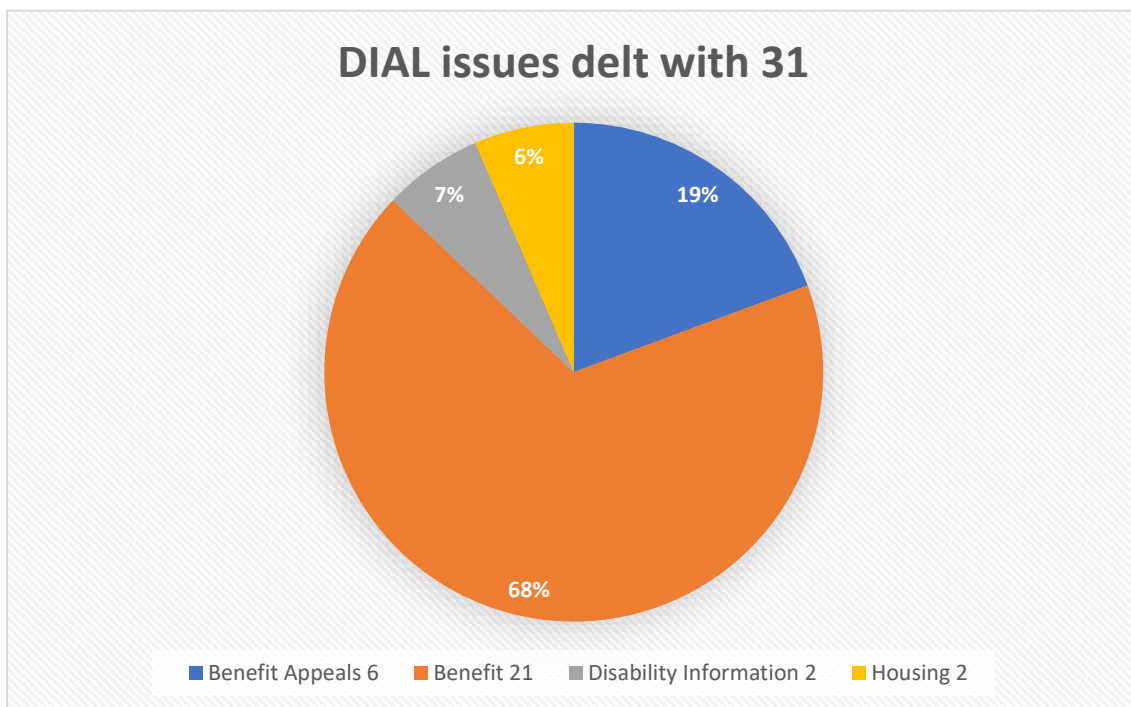
31 clients supported

£21,356 benefits claims supported this quarter
over £190k in last 12 months

For every £1 invested in the project £18.90
returned to the area



DIAL helps to reduce the financial exclusion of residents and work towards lowering anxiety. This is the last quarter of the first year of the current contract which began in January 2023.



Face to face appointments continue to be offered to clients who must contact DIAL by telephone or on line in the first instance. Penistone area funding provides the support of a dedicated advice worker who provides both the face to face and follow up for each individual case. 31 clients were seen this quarter against a target 46 however the service benefits from additionality provided by DIAL (and funded outside of this contract) which has provided telephone advice to 79 clients from the Penistone area.

Volunteer support is currently offered to support with back office functions such as directing calls and providing follow up surveys to clients who have accessed the service. Follow up is undertaken on a rolling 3 month basis.

Breakdown of enquiries for the quarter

Issue	Specific Issue	No of Enquiries
Benefit Appeals	Mandatory Reconsideration PIP	2
	SSCS1 PIP	4
Total		6
Benefits	Attendance Allowance	6
	Disability Living Allowance Child	1
	Pension Credit	1
	Personal Independence Payment	11
	State Pension	1
	Universal Credit	1
Total		21
Disability Information	Blue Badge	2
Total		2
Housing	Housing Banding	1
	Housing Benefit	1
Total		2
Grand total		31

Although the majority of clients require support with Personal Independence Payments a holistic approach signposts and provides support with other issues that are impacting such as cost of living.

This quarter the Penistone adviser also supported a request from the area team to help support some independent research to identify employment issues faced by those experiencing long term health issues. Findings from this will be used to inform future planning on the Pathways to Work programme.

DIAL is also continuing to develop and research opportunities for a mobile advice service in the Penistone area and has met with parish representatives to start to scope this. This will be dependent on securing external funds outside of this contract.

Adult Singing Workshop

Angel Voices

Singing workshops for adults to improve health, wellbeing and confidence

12 month project started January 2023

This was the last quarter for this 12 month programme aimed at providing an opportunity for adults to learn how to sing, increasing confidence and techniques to support with overall health and wellbeing. This has successfully developed a number of cautious adults into confident singers who have performed both in solo and group events including:

- ✓ the Penistone area Ten-Year Celebrations at Wortley Hall,
- ✓ the Paramount Theatre as part of the Young People’s production where the entire group were singing with both teams and some having solos to sing,
- ✓ part of the Christmas concert for Penistone Light Switch On at John The Baptist Church Penistone

Project outcomes

	Quarter 1 1 Jan - March		Quarter 2 2 April – June		Quarter 3 3 July- Sept		Quarter 4 4 Oct- Dec		Total Project target
	T	A	T	A	T	A	T	A	
Number of people attending singing sessions	10		12		14	8	16	10	52
Number of Workshops	4		4		4	6	4	4	16
Number of volunteers	4		6		8	4	10	2	28
Events			1		1	2	1	2	3
Exams						To be taken in January	1		1



Health outcomes include support with breathing, emotional wellbeing, physical stamina as well as increased confidence. The project has also generated intergenerational activity as the adults have supported young people with the productions and vice versa. As a final project evaluation exercise members of Penistone Area Council were invited to attend the last workshop to hear workshop members perform together as well as solo.

Adults expressed their gratitude for what they had learned from attending the workshops and explained to members how much they had benefitted from being part of these workshops and how they had developed over the 12 month period.

Plans are in place to look at the potential for a self-sustainable model for these workshops in the future.




Supporting Young People Grant Fund

A third year of funding was allocated from PAC funds to support this grant in 2023. Five projects were successful in gaining funds to deliver 12 month projects to support young people in the Penistone area with a shorter project in Thurgoland.

Ad
Astra

Weekly group support for young people with emotional wellbeing – targets year groups per term

One to one support to young people pre-16 from referrals





The project operates at Penistone Grammar school and through area council funding is able to provide weekly sessions to young people in the school who have been identified as needing additional support with their emotional wellbeing. **Group work sessions rely on referral directly from the school**, and each half term is designated for different year groups. Young people supported in the groups may then access some additional one to one support from Ad Astra as necessary. This is the first quarter for the 3rd year of funding from PAC’s Supporting Young People fund, but due to term time working and the need for some continuity from the previous year to deliver one to one support under the previous funding, this programme did not start until after October half term.

Number of young people receiving support since November 2023

	T	A
<i>Unique Young people supported in Group Work Sessions</i>	16	14
<i>Number of weekly sessions delivered (2 sessions per week – same day)</i>	6	5
Number of attendances (Max)	96	52

Set up Emails and telephones calls were conducted in September and October.

6 sessions in school were planned up to the Christmas break in December but due to room issues at the school only 5 were able to be delivered.

The two groups worked with this quarter were all Year 7 pupils set up with the initial advice that they were struggling with their transition.

Group one – 7 young people 4 female and 3 males

The team start by getting to know a little about the young people

- what primary school they went to
- their thoughts about moving up into secondary school
- where they live and the family composition
- likes and dislikes

The team went on to discuss issues around

- sensory processing
- death and dealing with bereavement (one young man had lost his dad at an early age)
- lack of confidence
- being judged for wearing ear defenders in school
- anger issues and frustration
- behaviour in school and in particular lessons
- managing anger issues
- Homework
- Organisational skills and time management

Group two – 7 young people 4 female and 3 males

The team start by getting to know a little about the young people

- what primary school they went to
- their thoughts about moving up into secondary school
- where they live and the family composition
- likes and dislikes

The team went on to discuss issues around

- Emotions and what can cause these
- Anger and frustration
- Parents and carers
- Family relationships
- Estranged parents
- Lack of confidence
- Links of interest between the group members
- Friendship groups

Thurgoland Thespians

Volunteer led pantomime

Promoting community cohesion and intergenerational integration



Although a well-established group in the area, funding has been agreed to support some major developments for the group this year to make stronger links with schools and increase participation, as well as develop new improved sound and lighting for young people to learn to manage for future productions.

Project Aims

- Increase in number of young people participating by making links with schools, social media drive
- Young people learning new skills and developing confidence via workshops in acting, singing and technical skills
- Installation of new lighting and sound and Young people trained in operation
- Delivery of a quality pantomime production to benefit participants and audience
- Increased number of young people participating in future productions by maintaining a communication network

Outcomes for the first quarter

Currently 35 young people involved in the pantomime but in March the intention is to put on another production based on an Old Time Music Hall with over 50 involved.

To date 15 workshops and rehearsals completed with another 6 planned in the next 3 weeks before the performances at the beginning of February 2024

The lighting has just been installed and it's made a huge difference. The lights are much brighter and infinitely adjustable for brightness and colour. 3 young people so far have been training in its operation.

The pantomime will be performed from 31 Jan to 3 Feb with 2 shows on the Saturday. Tickets are selling well.

The Old Time Music Hall is on 21, 22 and 23 March which will involve a greater number of participants including a minimum of 50 young people.

Ben (pictured with the new lighting controller) is new to the Thespians. He has taken an acting role but has also shown great interest in learning about the lighting / music / sound effects side. Being young he has no fear of IT technology and has quickly mastered the lighting and has volunteered to come and work the lights when we have social nights as for instance the live music night on 20 January



Most of the girls are new to the Thespians and are thoroughly enjoying themselves - most have signed up for our next production, the Old Time Music Hall in March.

(New lighting techniques demonstrated here)

First production using the new lighting technology and involving new participants in the theatre group

Thurgoland Thespians
Present the 2024 Pantomime
Jack & The Beanstalk
By Gavin Lugsden

From
 Wednesday 31st Jan 2024

To
 Saturday 03rd Feb 2024
 7:15pm (Doors Open 6:45pm)

Matinee
 Saturday 03rd Feb 2024
 2:15pm (Doors Open 1:45pm)

Adults £6:00 / Child £4:00 each
 Tel: Sun 5pm - 9pm rehearsals
www.ticketsource.co.uk

Thurgoland Village Hall

Angel Voices

Singing workshops for young people up to 18 in Penistone or surrounding village venues

Quarterly local performances to raise money for charity

Young People achieving ABRSM qualifications



This quarter saw the start of the third singing workshop programme for the Penistone area. Previous programmes have provided young people with quality training that has led to professionally recognised qualifications as well as professional performances both locally and nationally. A large number of singers attend other groups such as BYC, Junkyard Theatre Company, Stagebox. As a result of this, demand has increased and the need to provide guidance and support to young people keen to pursue professional routes into the entertainment industry has now become a key feature of the programme which will include experienced guest speakers



throughout the year including a BBC Singer, ABRSM Examiner, TV/Theatre Talent scout and Record Producer and Songwriter to share their expertise in Real-World Insights, Career Guidance, Networking Opportunities, Industry Trends, Practical Tips, Motivation, Inspiration, Q&A Sessions, Diverse Perspectives. This is coupled with field trips to encourage Cultural Exposure, Inspiration, Learning Opportunities, Team Building, Observational Skills, Appreciation of Performance Arts, Shared Experiences, Social Interaction, Variety & Field Study Integration.

Milestone	To be achieved by	Date achieved
Project Launched		October
	October 2023	
		12
Volunteers recruited x10	October 2023	
New Singers x5		5
Events/Concerts x1	December 2023	3
Exams x4 Singers	April 2024	
Event/Concert	June 2024	
Guest Speakers x2	January/July 2024	

Highlights from the quarter

- Productions: One on the first October at The Penistone Paramount Team Adam versus Team Debbie Christmas concert for Penistone Light Switch On at John The Baptist Church Penistone
- Supporting singers who have been preparing for professional work as soloists or in productions such as Oliver (Leeds Playhouse) and for parts in semi professional productions Les Mis and Frozen (Junkyard) Cinderella (Barnsley Civic)



- Several students are also preparing for exams in March grade 1 x 2 Grade 2 x 2 Grade 3 x 4 Grade 5 x 1 Grade 8 x 1
- We have also chosen and worked on songs for a student preparing for her auditions at 6 Conservatoires We wrote her references and advised her on interview techniques She was successful and has been offered a place studying Opera and Vocal studies (*Rated Gold in all areas of the 2023 Teaching Excellence Framework and noted as one of the UK's leading conservatoires for research, recognition includes multiple Times Higher Education and Greater China Awards, and a Global Teaching Excellence Award.*)
- We have had several new students enrol and we are currently working on their technical Training Two of these have already performed in the above mentioned concerts and sang in front of families and friends at our end of year Workshop event
- We arranged a visit to the theatre at Bradford to watch one of our members star in The Full Monty and we are going to watch another of our members perform in Oliver at Leeds Playhouse this January
- We also arranged a visit to watch Les Mis at Penistone Paramount where 4 of our singers had lead roles



Activity/Intervention	Quarter 1		Quarter 2		Quarter 3		Quarter 4		Total Project target
	T	A	T	A	T	A	T	A	
Young People Attending	20	22	25		30		35		110
Number of sessions delivered	10	10	10		10		10		40
Recruitment of volunteers	6	12	8		9		10		33
Concerts/Events	1	3			1				2
Exams student taking exams			4				4		8



Cawthorne Cricket Club



Junior Section Development

Mental Health First Aid Sessions for all the
Coaching Team

Supporting Health and Wellbeing



The Grant Funding Application set out to Improve the number of Qualified Coaches at the Club. Since receiving the Grant Funding in late October 2023, three people have been put through the ECB Core Coaches Course (L2) at a cost of £300.00 per participant, It has also funded 1 person to attain his L1 Coaching Certificate at a Cost of £150.00

The plan is to complete at least one more L1 Course completion in Q4, possibly 2 subject to securing places on the relevant Courses, inc 1 x female Coach.

Also included in the programme is the Introduction of Pilates and Strength and Conditioning sessions into the Winter Training Programme.

Since the Winter Indoor Training Programme on Friday 3rd Nov 2023 we have completed 6 Friday evening Sessions in total at PGS, with 148 Junior Cricketers attending over the 6 sessions with an Avg attendance per session of 24.6.

Delivered this quarter:

2 Strength and Conditioning Sessions involving 41 participants

2 Pilates sessions involving 18 participants (10&8) with U15s and U13s Groups

4 Full Net sessions involving 89 Participants

1 Specialist Wicket Keeper session involving 5 Participants for all age groups.



Winter Training Programme resumes on Sat 6th January 2024, with sessions planned through to the end of March 2024 indoors at Penistone Grammar School.

Planned deliver of the Mental Health First Aid Training sessions to coaches in Feb 2024, via Direct Action Training, along with General First Aid Training.

Walking The Goats

Big Farmers Project

Farming and Animal care

Delivered by former teaching professionals

Mental Health and emotional wellbeing programme



This new project is due to start from January 2024. The aim is to provide emotional and wellbeing support to young people in a farming and animal care setting. During this quarter the project has been making links with schools in the area to promote the project's aims in readiness for referrals into the programme when it starts in quarter 4.

